



Florin-Alexandru Pavel

Nationality: Romanian **Date of birth:** 23/05/1987

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Work: Str. Revoluției, nr. 3-5, 550170 Sibiu (Romania)

WORK EXPERIENCE

Military chaplain

„Nicolae Bălcescu” Land Forces Academy [15/06/2017 – Current]

City: Sibiu | Country: Romania

- military priest of Sibiu garrison;
- coordination of religious services within the military units of Sibiu garrison;
- religious assistance to military and civilian personnel from Sibiu garrison;

Missionary priest

Protopopiatul Ortodox Român Sibiu [20/11/2016 – 14/06/2017]

City: Sibiu | Country: Romania

University assistant - PhD student

„Lucian Blaga” University of Sibiu [2015 – 2016]

City: Sibiu | Country: Romania

Seminar holder in the discipline of Dogmatics - IV year, 1st semester

University assistant - PhD student

„Lucian Blaga” University of Sibiu [2015 – 2016]

City: Sibiu | Country: Romania

Seminar holder in the discipline of Patrology - I year, 2nd semester

University assistant - PhD student

„Lucian Blaga” University of Sibiu [2015 – 2016]

City: Sibiu | Country: Romania

Seminar holder in the discipline of Patrology - II year, 1st semester

Honorary deacon - servant at the "Holy Trinity" Metropolitan Cathedral in Sibiu

Archbishopric of Sibiu [30/11/2014 – 19/11/2016]

City: Sibiu | Country: Romania

University assistant - PhD student

„Lucian Blaga” University of Sibiu [2014 – 2015]

City: Sibiu | Country: Romania

Seminar holder in the discipline History and Philosophy of Religions - IV year, 1st semester

University assistant - PhD student

„Lucian Blaga” University of Sibiu [2014 – 2015]

City: Sibiu

Seminar holder in the discipline of Patrology - I year, 2nd semester

University assistant - PhD student

„Lucian Blaga” University of Sibiu [2014 – 2015]

City: Sibiu | Country: Romania

Seminar holder in the discipline of Patrology - II year, 1st semester

Administrative assistant

SC Zacaria Developments SRL [09/2012 – 01/2013]

City: Sibiu | Country: Romania

Delegate member

World Council of Churches [02/2012 – 03/2012]

City: Manila | Country: Philippines

Member, participant in the General Assembly of the World Council of Churches, organized in order to finalize the document of the Council for Mission and Evangelization.

Project manager

[06/2010 – 06/2012]

Coordinator of the International Student Congress of Psychology "Mind's Explorers in Universities", Editions I and II

Student representative and Member of the Council of the Faculty of Sciences

„Lucian Blaga” University of Sibiu [10/2010 – 10/2011]

City: Sibiu | Country: Romania

Project manager

„Lucian Blaga” University of Sibiu [05/2010 – 06/2011]

City: Sibiu | Country: Romania

The president of the student festival "International UniverStudent Fringe Festival", organized by all the student associations that existed within the "Lucian Blaga" University of Sibiu.

Secretary general

Federation of Associations of Students in Psychology and Educational Sciences from Romania–Cognosis [06/2010 – 04/2011]

Country: Romania

President

Students Psychology Association from Sibiu [01/2010 – 05/2012]

City: Sibiu | Country: Romania

Member

Students Psychology Association from Sibiu [01/2009 – 06/2015]

City: Sibiu | Country: Romania

Vice-mayor

Local Children Council Association of Sibiu [2000 – 2002]

City: Sibiu | Country: Romania

"Local Children Council of Sibiu " project supported by Pro Democracy Association.

Member

Local Children Council Association of Sibiu [01/1998 – 10/2002]

City: Sibiu | Country: Romania

"Local Children Council of Sibiu " project supported by Pro Democracy Association.

EDUCATION AND TRAINING

Psychopedagogical module, level II

"Lucian Blaga" University from Sibiu [01/10/2021 – 15/07/2022]

City: Sibiu | Country: Romania

- graduation from the courses of the psycho-pedagogical module, level 2, specialty: theology.

Psychopedagogical module, level I

"Lucian Blaga" University from Sibiu [01/10/2020 – 15/07/2021]

City: Sibiu | Country: Romania

- graduation from the courses of the psycho-pedagogical module, level 1, specialty: theology.

PhD student

Faculty of Theology and Religious Sciences [01/10/2014 – 30/09/2017]

City: Lausanne | Country: Switzerland

Trainer

SC Doctus SRL [08/2013 – 09/2013]

City: Sibiu | Country: Romania | Final grade: 10

PhD student

"Andrei Şaguna" Faculty of Theology - "Lucian Blaga" University from Sibiu [01/10/2012 – 30/09/2017]

City: Sibiu | Country: Romania | Field(s) of study: Theology

- studies completed in September 2017, following the public support of the doctoral thesis with the title: "Prayer, ladder to living in Christ and the psychological implications of prayer on human behavior", obtaining the title of "Doctor", in the field of Theology, specialization: " Spirituality".

Inter-Orthodox ecumenical courses

World Council of Churches [03/04/2011 – 27/04/2012]

Inter-Orthodox ecumenical courses, organized by the World Council of Churches, held in:

1. Thessaloniki-Greece at Aristotle University, Faculty of Theology;
2. Balamand-Lebanon at Balamand University, Saint John of Damascus Institute of Theology;

3. Sibiu, Romania at "Lucian Blaga" University, "Andrei Şaguna" Faculty of Theology.

Master's student

Faculty of Sciences - "Lucian Blaga" University from Sibiu [01/10/2011 – 15/07/2014]

City: Sibiu | Country: Romania | Field(s) of study: Organizational psychology

- studies completed in July 2014, in the field of Psychology, study program: "Work and organizational psychology. Diagnosis and occupational intervention".

Master's student

"Andrei Şaguna" Faculty of Theology - "Lucian Blaga" University from Sibiu [01/10/2010 – 15/07/2012]

City: Sibiu | Country: Romania | Final grade: 9,72 | Thesis: "Human freedom in the theology-psychology relationship" - coordinated by Archid. Professor PhD. Ioan I. Ica jr.

- studies completed in July 2012, following the dissertation exam, with an average of 10, obtaining the title of "Master", in the field of Theology, study program: "Systematic Theology".

Student - Bachelor

Faculty of Sciences - "Lucian Blaga" University from Sibiu [01/10/2008 – 15/07/2011]

City: Sibiu | Country: Romania | Field(s) of study: Psychology | Final grade: 8,73 | Thesis: "The influence of facial expressions in the detection of facial identity" - coordinated by Professor PhD. Eugen Iordănescu

- studies completed in July 2011, following the bachelor exam, with an average of 9.67, obtaining the title of "Bachelor in Psychology", in the field of Psychology, study program: "Psychology".

Student - Bachelor

"Andrei Şaguna" Faculty of Theology - "Lucian Blaga" University from Sibiu [01/10/2006 – 01/07/2010]

City: Sibiu | Country: Romania | Field(s) of study: Theology | Final grade: 9,33 | Thesis: "The evolution of the concept of the soul" - coordinated by Archid. Professor PhD. Ioan I. Ica jr.

- studies completed in June 2006, following the bachelor exam, with an average of 10 (ten), obtaining the title of "Bachelor of Theology", in the field of Theology, study program: "Orthodox Pastoral Theology".

Certificate of professional skills

University of Cambridge [05/2005 – 06/2005]

Country: United Kingdom

- Level 2 Certificate in English (ESOL), grade C in the Certificate in Advanced English, Council of Europe Level C1

Certificate of professional skills

"Gheorghe Lazar" National College from Sibiu [05/2006 – 05/2006]

City: Sibiu | Country: Romania | Final grade: 10

- after the exam, I obtained the Certificate of professional skills - advanced level language skills in English

Pupil

"Gheorghe Lazar" National College from Sibiu [15/09/2002 – 15/06/2006]

City: Sibiu | Country: Romania

Branch - Theoretical
Profile - Real

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

French

LISTENING A1 READING A2 WRITING A1

SPOKEN PRODUCTION A1 SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

DIGITAL SKILLS

Microsoft/ Microsoft Office / Google(Meet, Docs, Classroom, Forms, Drive, Slide) / Graphic Design (Photoshop, Illustrator, CorelDraw) / WEBSITE DESIGN / Proficiency of using computer and internet

HONOURS AND AWARDS

[25/12/2017] Archbishopric of Sibiu

Iconom-stavrofor The granting of the clerical rank by ÎPS Laurentiu Streza, the Archbishop of Sibiu and the Metropolitan of Transylvania.

[08/10/2010] Students House of Culture of Sibiu

Volunteer of the year - awarded for the activity and work done within the Students Psychology Association from Sibiu, in the "Student Gala" organized by the Students House of Culture of Sibiu

PUBLICATIONS

[2016]

„The prayer of request. Invoking a fulfilling God or a perfecting God?“ Author „The prayer of request. Invoking a fulfilling God or a perfecting God?“ in Vol. Studia Doctoralia Andreiana, no. 2/2016, Andreian Publishing House, Sibiu.

[2013]

„Axiological fundament of the principles in social and medical assistance“ Coauthor „Axiological fundament of the principles in social and medical assistance“ în European Journal of Science and Theology, vol.9, No. 5, Journal indexed in Arts and Humanities Citation Index (A&HCI) and Science Citation Index-Expanded (SCIE) including the Web of Science by ISI Thomson Reuters.

[2013]

„Ethics, objectivity and value distortion in social and medical services“ Coauthor „Ethics, objectivity and value distortion in social and medical services“ în European Journal of Science and Theology, vol.9, No. 4, Journal indexed in Arts and Humanities Citation Index (A&HCI) and Science Citation Index-Expanded (SCIE) including the Web of Science by ISI Thomson Reuters.

[2013]

The importance of socio-economic factors in analyzing the dento-periodontal status of children from poverty-stricken families in Sibiu archdiocese Coauthor „The importance of socio-economic factors in analyzing

the dento-periodontal status of children from poverty-stricken families in Sibiu archdiocese" în European Journal of Science and Theology, vol.9, No. 2, Journal indexed in Arts and Humanities Citation Index (A&HCI) and Science Citation Index-Expanded (SCIE) including the Web of Science by ISI Thomson Reuters.

[2012]
The influence of facial expressions on recognition performance in facial identity Coauthor „The influence of facial expressions on recognition performance in facial identity”, Elsevier - Procedia - Social and Behavioral Sciences Journals, 33, 2012, pp. 548 – 552.

TRAINING-URI ȘI WORKSHOP-URI SUSȚINUTE

[28/10/2016]
Training: "Nudging techniques in modifying undesirable behaviors"

[16/06/2016]
Workshop: "Eliminating stressors during competition"

[27/10/2015]
Training: "Advanced Techniques in Conducting Successful Training"

[02/09/2015]
Training: "Stress coping techniques"

[09/03/2015]
Training: "Mental state of the performance athlete in competition"

[05/12/2014]
Training: "Mental training in performance sport"

[14/09/2014]
Training: "Successful presentation - psychological techniques for delivering a presentation"

[13/10/2013]
Workshop: „Public Speaking”

[09/10/2010]
Workshop: „Aim your future”

- held within the International UniverStudent Fringe Festival, with the theme: Evolutions, 5th edition.

[05/05/2011]
Workshop: „Public Speaking”

- held within the International UniverStudent Fringe Festival, with the theme: Evolutions, 5th edition.

MANAGEMENT AND LEADERSHIP SKILLS

Manager și leader I pride myself on being a results-oriented leader with a strong ability to inspire and motivate teams. My management style is characterized by a collaborative approach, fostering open communication and a positive work environment. I excel at setting clear goals, delegating tasks effectively, and empowering my team members to reach their full potential.

With a keen eye for detail and a strategic mindset, I am adept at problem-solving and making sound decisions. I thrive on challenges and am constantly seeking opportunities for improvement and innovation. My ability to build strong relationships with both team members and stakeholders has been instrumental in achieving organizational success.

Beyond my managerial responsibilities, I am committed to professional development and mentorship. I believe in creating a culture of continuous learning and growth, and I am passionate about helping others succeed.

Ultimately, my goal is to create high-performing teams that consistently deliver exceptional results while fostering a fulfilling and rewarding work experience for everyone involved.

COMMUNICATION AND INTERPERSONAL SKILLS

Public Speaking As a skilled public speaker, I possess the ability to engage and captivate audiences through compelling storytelling, clear articulation, and dynamic delivery. With a confident and persuasive presence, I excel in conveying complex ideas in a way that is easily understood and memorable. Through extensive practice and experience, I have honed my ability to command attention, inspire action, and leave a lasting impact on listeners. Whether it's delivering presentations, leading meetings, or participating in panel discussions, my passion for effective communication shines through in every speaking opportunity.

Active listening As a good active listener, I pride myself on my ability to fully engage with others, demonstrating empathy, understanding, and genuine interest in their perspectives. By focusing on the speaker and providing my complete attention, I create a supportive and open environment for meaningful and productive dialogue. Through reflective responses, asking clarifying questions, and maintaining eye contact, I ensure that individuals feel heard, valued, and respected during our interactions. By actively listening, I forge stronger connections, build trust, and foster constructive communication that leads to productive outcomes and positive relationships.

HOBBIES AND INTERESTS

Sport I am interested in exercise and any sport, especially in a team, because in addition to the beneficial effects on health, sport also develops in the individual qualities necessary in professional life: motivation, discipline, teamwork, good time management.

Favorite sports: dancesport, volleyball, field tennis, etc.

Art I am passionate about art: theater, ballet, music (symphonic, operatic), painting.

DRIVING LICENCE

Driving Licence: A

Driving Licence: B